



2026 MFL FLAG FOOTBALL SCHEDULE

WEEK 1		9/12/2026	
VISITOR	@	HOME	TIME
Saddle Brook	@	New Milford	2PM
N. Arlington	@	Harrison	2PM
Totawa/W. Park	@	Wood-Ridge	2PM
Elmwood Park	@	Has. Heights	2PM

WEEK 2		9/19/2026	
VISITOR	@	HOME	TIME
Wood-Ridge	@	Elmwood Park	2PM
Has. Heights	@	Saddle Brook	2PM
Totawa/W. Park	@	N. Arlington	2PM
New Milford	@	Elmwood Park	2PM

WEEK 3		9/26/2026	
VISITOR	@	HOME	TIME
Saddle Brook	@	New Milford	2PM
Has. Heights	@	Elmwood Park	2PM
—	@	N. Arlington	2PM
Wood-Ridge	@	Totawa/W. Park	2PM

WEEK 4		10/3/2026	
VISITOR	@	HOME	TIME
—	@	—	2PM
—	@	—	2PM
—	@	—	2PM
New Milford	@	Totawa/W. Park	2PM

WEEK 5		10/10/2026	
VISITOR	@	HOME	TIME
Wood-Ridge	@	New Milford	2PM
Elmwood Park	@	Saddle Brook	2PM
Totawa/W. Park	@	Has. Heights	2PM
N. Arlington	@	Harrison	2PM

WEEK 6		10/17/2026	
VISITOR	@	HOME	TIME
Elmwood Park	@	Totawa/W. Park	2PM
Saddle Brook	@	Wood-Ridge	2PM
—	@	N. Arlington	2PM
New Milford	@	Has. Heights	2PM

WEEK 7		10/24/2026	
VISITOR	@	HOME	TIME
N. Arlington	@	Totawa/W. Park	2PM
Has. Heights	@	Wood-Ridge	2PM
Saddle Brook	@	Wood-Ridge	2PM
New Milford	@	Elmwood Park	2PM

WEEK 8		10/31/2026	
VISITOR	@	HOME	TIME
Elmwood Park	@	Totawa/W. Park	2PM
Has. Heights	@	Harrison	2PM
New Milford	@	—	2PM
N. Arlington	@	Saddle Brook	1PM

**COMPETE.
HAVE FUN.
PLAY MFL!**

★ **MFL TEAMS** ★

- ★ SADDLE BROOK
- ★ N. ARLINGTON
- ★ TOTAWA/W. PARK
- ★ ELMWOOD PARK
- ★ HAS. HEIGHTS
- ★ HARRISON
- ★ NEW MILFORD
- ★ WOOD-RIDGE



**ALL GAMES
START AT 2PM**

★ ★ THANK YOU TO OUR PLAYERS, COACHES, AND FAMILIES FOR MAKING MFL GREAT! ★ ★